



COMPREHENSIVE PILATES TEACHER TRAINING SCHEDULE SPRING 2026

MILESTONES

MIDTERM	Oct 3-4, 2026	EXAM REVIEW	Feb 20-21, 2027
WRITTEN EXAM	April 24-26, 2027	PRACTICAL EXAM	May 1, 2027

ROLLING LIVE ONLINE SESSIONS

10AM-12PM

EVERY 1ST SAT	Case Study	EVERY 3RD SUN	Case Study
EVERY 2ND SAT	Movement Workshop	EVERY 4TH SUN	Movement Workshop

Students must attend a minimum of 6 Case Study Sessions and 6 Movement Workshops over the entirety of the course

COURSE DATES

SAT/SUN 11:30AM-6PM

An asterisk () indicates midterm included on this date.*

PRINCIPLES OF MOVEMENT	May 2-3, 2026	MODULE 4	October 3-4, 2026*
MODULE 1	June 27-28, 2026	MODULE 5	November 7-8, 2026
MODULE 2	July 25-26, 2026	MODULE 6	January 9-10, 2027
MODULE 3	August 29-30, 2026	MODULE 7	February 20-21, 2027

291 S La Cienega Blvd, Ste 210
Beverly Hills, CA 90211