

## MILESTONES

**MIDTERM** May 30-31, 2026

**WRITTEN EXAM** Oct 17-19, 2026

**EXAM REVIEW** Sep 12-13, 2026

**PRACTICAL EXAM** Oct 24, 2026

## ROLLING LIVE ONLINE SESSIONS

1-2PM

**EVERY 1ST SAT** Case Study

**EVERY 3RD SUN** Case Study

**EVERY 2ND SAT** Movement Workshop

**EVERY 4TH SUN** Movement Workshop

*Students must attend a minimum of 6 Case Study Sessions and 6 Movement Workshops over the entirety of the course*

## COURSE DATES

SAT 12:30-5:30pm/SUN 9:30am-5:30pm

*An asterisk (\*) indicates midterm included on this date.*

### PRINCIPLES OF MOVEMENT

**January 31-Feb 1, 2026**

**MODULE 4 May 30-31, 2026\***

### MODULE 1

**February 14-15, 2026**

### MODULE 5

**July 11-12, 2026**

### MODULE 2

**March 14-15, 2026**

### MODULE 6

**August 8-9, 2026**

### MODULE 3

**April 25-26, 2026**

### MODULE 7

**September 12-13, 2026**



**ADA WELLS**  
PT, DPT, NCPT, TPI LEVEL 3



**LINDSAY GRAHAM**  
PT, DPT, NCPT



**PRO BALANCE**  
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