

MILESTONES

MIDTERM May 30–31, 2026

WRITTEN EXAM Oct 17–19, 2026

EXAM REVIEW Sep 5–6, 2026

PRACTICAL EXAM Oct 24, 2026

ROLLING LIVE ONLINE SESSIONS

1–2PM

EVERY 1ST SAT Case Study

EVERY 3RD SUN Case Study

EVERY 2ND SAT Movement Workshop

EVERY 4TH SUN Movement Workshop

Students must attend a minimum of 6 Case Study Sessions and 6 Movement Workshops over the entirety of the course

COURSE DATES

SAT/SUN 10am–4:30pm

An asterisk () indicates midterm included on this date.*

PRINCIPLES OF MOVEMENT

January 17–18, 2026

MODULE 4 May 30–31, 2026*

MODULE 1

February 14–15, 2026

MODULE 5 July 18–19, 2026

MODULE 2

March 21–22, 2026

MODULE 6 August 8–9, 2026

MODULE 3

April 25–26, 2026

MODULE 7 September 5–6, 2026



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