

COMPREHENSIVE PILATES TEACHER TRAINING SCHEDULE

MILESTONES			
MIDTERM WRITTEN EXAM	May 30-31, 2026 Oct 17-19, 2026	EXAM REVIEW PRACTICAL EXA	Sep 12-13, 2026 M Oct 24, 2026
ROLLING LIVE	ONLINE SESSIONS		1-2PM
	Case Study Movement Workshop minimum of 6 Case Study Sessions		ovement Workshop
COURSE DATES SAT 12-6:30 PM, SUN 8 AM-2:30 PM			
PRINCIPLES OF MOVEMENT	An asterisk (*) indicates midter . January 17–18, 2026		ay 30-31, 2026*
MODULE 1	February 14-15, 2026	MODULE 5 Ju	ıly 11–12, 2026
MODULE 2	March 21-22, 2026	MODULE 6 Au	ugust 8–9, 2026
MODULE 3	April 25-26, 2026	MODULE 7 Se	eptember 12-13, 2026



KATRINA HAWLEY C.M.A., NCPT E PILATES STUDIO

THE PILATES STUDIO HADLEY 104 Russell Street Hadley, MA 01040